

Salinas Train Station Existing Services

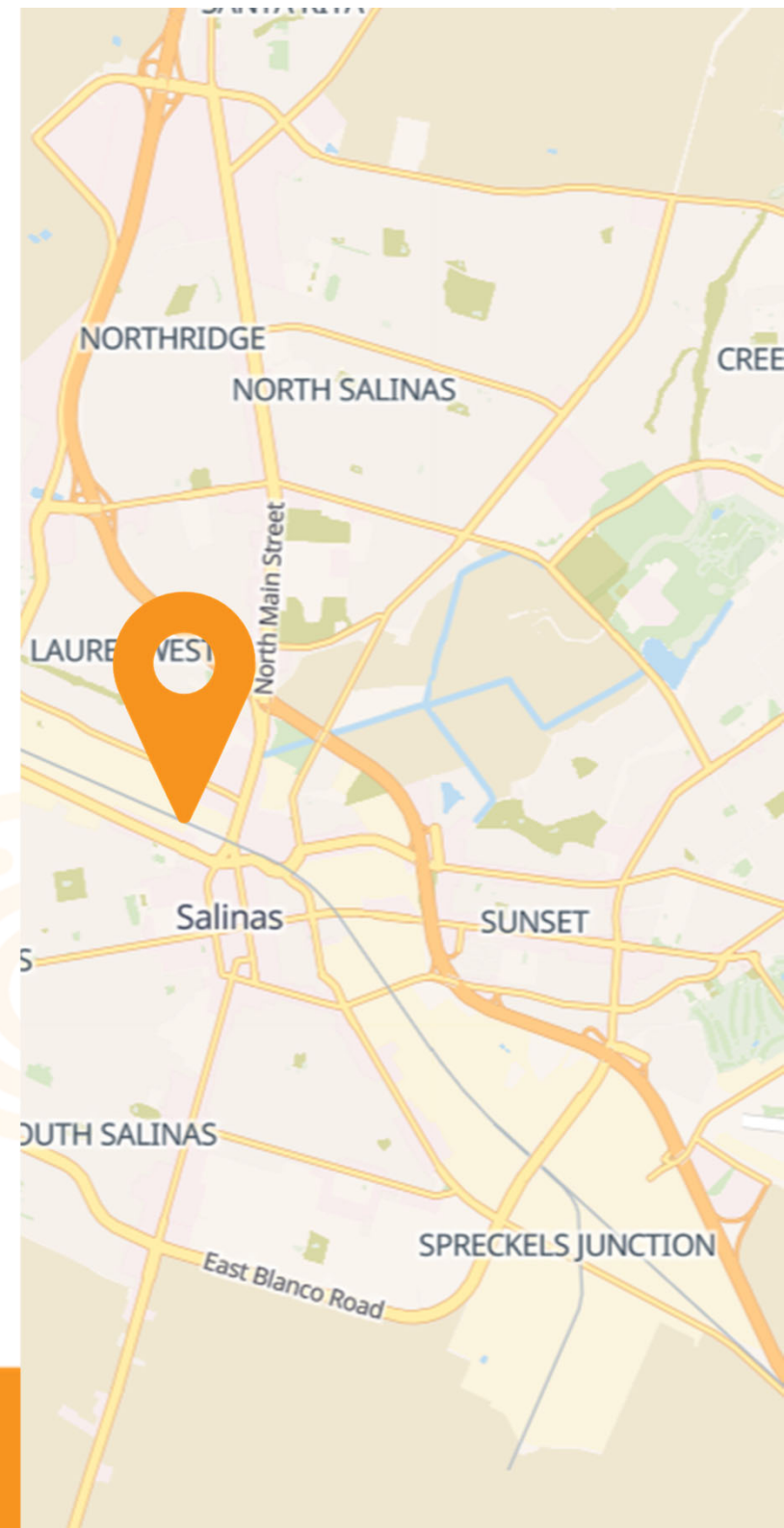
Rail Policy Committee 6/1/2026



Salinas Train Station

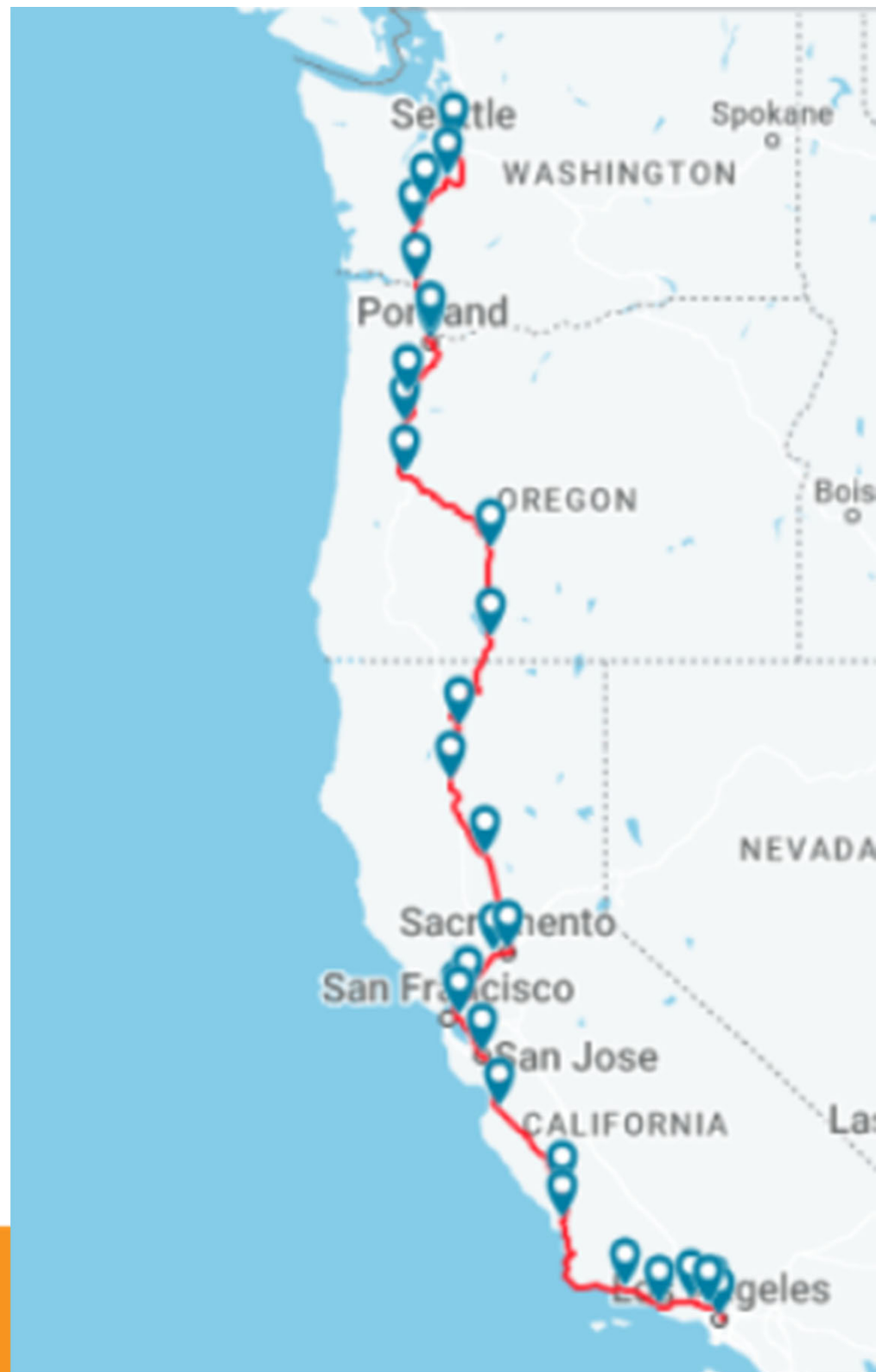
Connects to:

- Amtrak Coast Starlight
- Amtrak Thruway bus
- Monterey-Salinas Transit (MST)
- Flixbus



Amtrak Coast Starlight

- Daily service
- Southbound: 12:06 pm
- Northbound: 6:13 pm



Amtrak Thruway Bus – via Capital Corridor Northbound

- Bus to **San Jose** station
 - 1:00pm
 - 1:10pm on weekends
- Mixed service to **Emeryville or Oakland**, transferring to Capitol Corridor in San Jose
 - 1:00pm 3:15pm 5:40pm

Amtrak Thruway Bus – via Pacific Surfliner Southbound

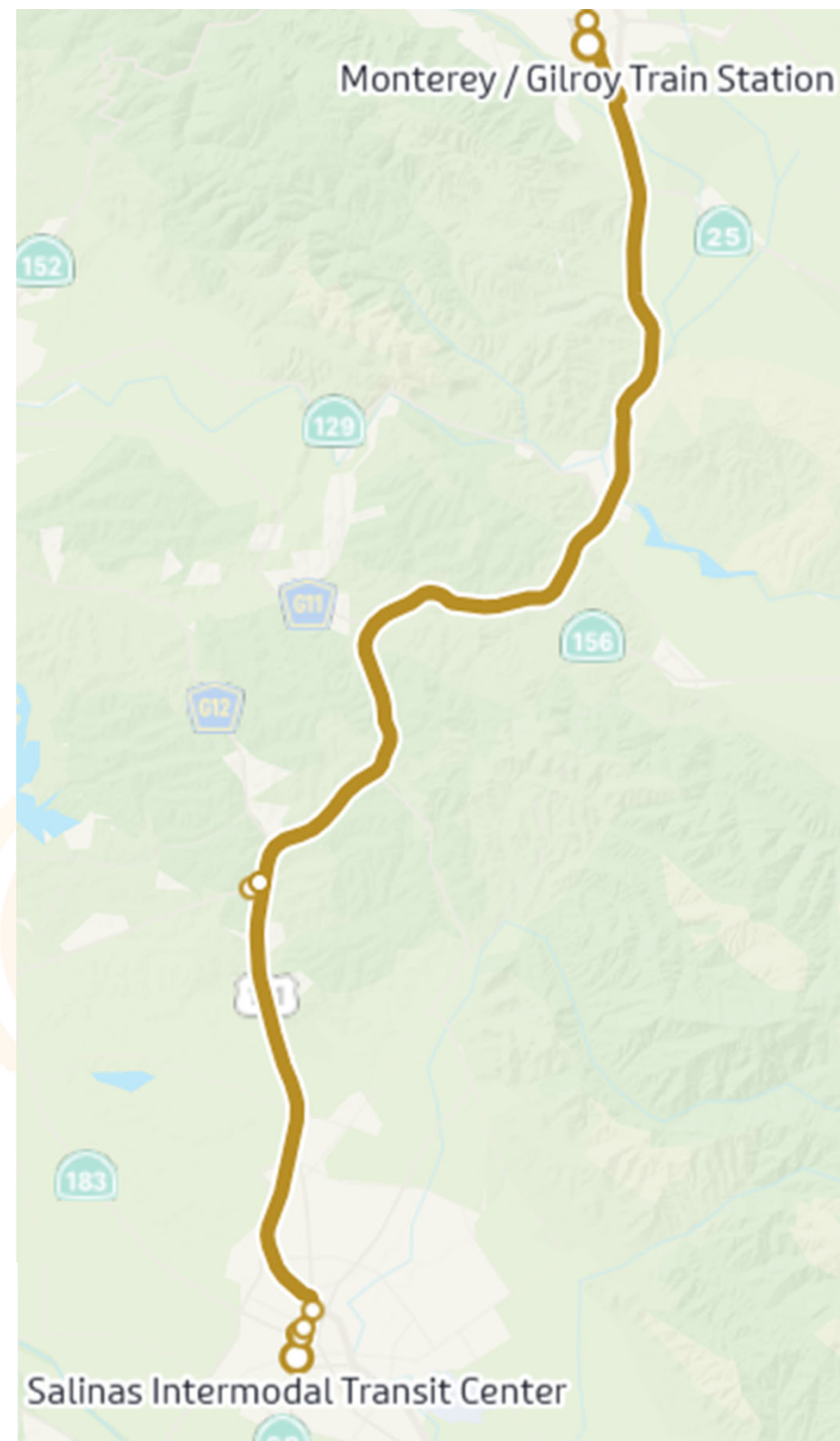
- Bus to **Paso Robles-Los Angeles** stations
 - 4:40pm
 - 4:15pm on weekends
- Mixed service to **Santa Barbara-Los Angeles** stations, transferring to Pacific Surfliner in San Luis Obispo:
 - 12:40pm
- Mixed service to **Oxnard-Los Angeles** stations, transferring to Pacific Surfliner in Santa Barbara:
 - 6:40am 10:15am 12:45am

Monterey-Salinas Transit Route 59

Weekday Schedule:

Salinas Train Station →	Gilroy Train Station
5:30 am	6:18 am
8:15 am	9:03 am
1:15 pm	2:30 pm
5:45 pm	6:33 pm

Gilroy Train Station →	Salinas Train Station
6:55 am	7:36 am
9:25 am	10:06 am
2:25 pm	3:09 pm
7:00 pm	7:42 pm



FlixBus

- Can also be booked through Greyhound
- Irregular daily service:
 - Oakland to Los Angeles
 - Los Angeles to San Jose



Time and Cost Comparison

Salinas to San Jose

Mode	Cost	Time
Coast Starlight Train	\$32	1 hr 33m
Amtrak bus	\$45	1 hr 15m
Flixbus	\$40	1 hr 15m



Thank you!

